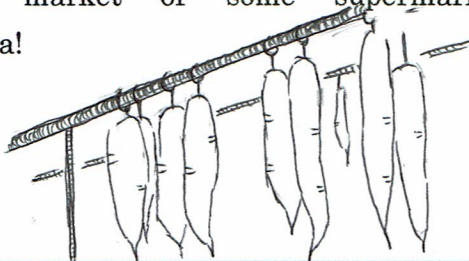


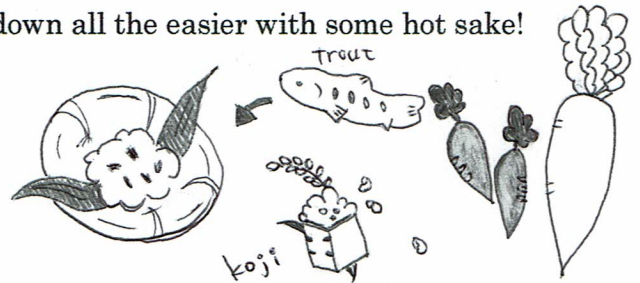
*SNOWSHOEING*, is worth trying this winter! Snowshoeing is essentially trekking on the snow, with no requirement for skiing or snowboarding skills whatsoever! If you are a good walker, moving around on the snow with special big boots is easy and playing with powder snow is so much fun! At Shinhotaka Ropeway, there is a beautiful nature track covered with powder snow, located 1,300 meters above sea level. When you look up at the majestic 3000-metre-plus mountains and immerse yourself in nature, you will feel refreshed and more energetic! You may even find cute footprints of small animals on the snow or the nail marks of bears on tree stumps! Get wild with us by joining our winter snowshoeing tours in the Shinhotaka and Tanekura areas, both far from the city and both equally stunning! Follow our guides on and off the beaten path, you are sure to enjoy the adventure! Ask us the details at tour desk.



*KANBOSHI-DAIKON*, dried Chinese radish, is a winter gem from the northern area of Hida, namely Yamanomura, where 2 metres of snow is the winter average. Daikon radish is cut into 1cm pieces, then skewered and hung from houses. Each night, the water in the radish freezes, only to melt again in the warm daytime sunshine, and through repetition this process condenses both sweetness and Umami taste. Preparation is a simple matter of boiling in Dashi broth until soft. You can find it at the local farmers' market or some supermarkets in Takayama!



*NEZUSHI*, fermented sushi, is a traditional celebratory dish originating in the southern area of Hida, namely Gero city, but widely available elsewhere. A mixture of rice with salted trout, Koji mold, shredded carrots and Daikon radish, Nezushi is aged for about a fortnight before it is ready to eat, one example of the preserved foodstuffs developed in the harsh winter climate of the Hida area. The fermented sushi is slightly sour and sweet with a distinctive smell, slipping down all the easier with some hot sake!



*Let's make the most of your Hida trip!*